

# September RESOURCE HIGHLIGHTS



## Vermont Helplink

September is National Recovery Month! **If you or a loved are interested in recovery, there are many resources available. You are not alone.** Vermont Helplink has a phone and textline that you can reach out to 24/7 to discuss recovery options and supports. **This resource is free, confidential, and interpreter services are available.**



More Information  
Here



## Changes to SNAP/3Squares VT

**Federal policy changes will impact who is able to access SNAP benefits and how much they will receive.** The Vermont Food Help website launched a page where you can get up-to-date information on changes when they occur. This website also has tools to understand 3Squares and access other food resources. **Please let your resource coordinator know if you want help finding free food in your community.**



Policy Update Page



## Medical Debt Relief

In May of 2025, the Vermont legislature approved a medical debt relief program.

**This program will automatically eliminate medical debt for some Vermonters.** To qualify for the program, your medical debt must be in a “terminal bad status”, your household must earn less than 400% of the federal poverty level, or your debt must exceed more than 5% of your income. **If you have questions about this program, your RC can help.**



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## Mark Your Calendar!

**9/1:** Green Mountain United Way will be closed for Labor Day. Please call 211 for community resources or 988 for urgent mental health support.

**9/4:** Gone Guys Film Screening, Barre Opera House, 6-7:30

**9/6:** Family Center, Touch a Truck! 10:00-12:00

**9/7:** Williamstown Autumn Fest, at the Pub FREE event to the community to celebrate the change in the seasons.

Last year they served over 1500 people a free meal, had live music, 62 different vendors, bounce houses, face painting and SOOOOO much more.

**9/13:** Harvest Festival, Vermont State House.

**9/30:** Community Transportation Programs. Join the Vermont Agency of Transportation for a presentation about the Community Drivers Program and the Older Adults and Persons with Disabilities Program. 11 am, 131 S Main St, Barre

**Looking for more information or events? Check in with your Resource Coordinator!**

## Resource Coordinator

Isabel Emsfeld  
802-318-3517

[ccvresourcecoordinator@unitedwaynwvt.org](mailto:ccvresourcecoordinator@unitedwaynwvt.org)



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- 9/4:** Gone Guys Film Screening, Barre Opera House, 6-7:30
- 9/6:** Kingdom Recovery Center's Rock Around the Block, 11am-3:30, St. Johnsbury
- 9/6:** NEKCAN Scavenger Hunt, 12noon, Elks Lodge, St. J.
- 9/6:** Apples & Art, Peacham Farmers Market, 1pm
- 9/9:** Athenaeum Film Fan Club Comedy Series, Athenaeum Library, 6:25pm, St. J.
- 9/20:** Homebuyer Workshop, RuralEdge, 8:15am, St.J
- 9/21:** Walk to End Alzheimer's, 10am, St. J Welcome Center
- 9/27:** East Burke Fall Festival and Parade, 10am, Burke Library Green
- 9/28:** Pawsapalooza, 11am, Dog Chapel at Dog Mountain, St.J

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**9/1:** United Way of Northwest Vermont will be closed for Labor Day. Please call 211 for community resources or 988 for urgent mental health support.

**9/4:** Understanding Suicide listening session at Hula in Burlington.

**9/5-9/7:** Art Hop! Free art event in Burlington.

**9/9:** Bad Art Night at the Grand Isle Free Library. Play with Watercolors (for all ages!).

**9/7:** Pride Parade and Festival in Burlington.

**9/11:** Harvest Festival in St. Albans.

**9/15:** HomeOwner University at Champlain Housing Trust begins- events through October.

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- 9/5-9/7:** RiverJam Romp, Potash Hill, Marlboro, VT
- 9/6:** Turning Point's 6th Annual Stomping Out Stigma, Main St. Park, 10am-3pm, Rutland
- 9/6:** Southern Vermont Renaissance Fair, Pittsford Rec, 10am-2pm, Pittsford
- 9/8:** 8th Annual Street Food Festival, Brattleboro Common, 11am, Brattleboro
- 9/13:** 2X Monster Trucks, Fairgrounds, 2pm, Rutland
- 9/13:** Whoopie Pie Festival, Center St & Merchants Row, 12-4pm, Rutland
- 9/20:** Brewfest, Pico Mtn, 2pm
- 9/20:** Cars & Coffee, Bonnet St., 8am-10am, Manchester

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