

May RESOURCE HIGHLIGHTS



Family Planning in Case of ICE Arrest

Vermont Legal Aid has a free program to help immigrants make a family plan in case they are arrested by ICE. Your plan will help to make sure that if you are arrested, your children will go to a trusted person and not into DCF custody. **Making a plan is especially important if your children are US citizens.**



Information in English and Spanish!



May is Mental Health Awareness Month!

The 988 Suicide and Crisis Lifeline: The 988 Suicide & Crisis Lifeline is free, confidential, and available 24/7. When Vermonters dial 988, they're connected with trained crisis counselors who can help with anything from mental health or substance use challenges to relationship issues, stress, or loneliness.

You'll hear a brief message in English and Spanish confirming you've reached the 988 Suicide & Crisis Lifeline. You can choose to connect with the Veterans Crisis Line or the LGBTQ+ Youth Line. Some music may play while you're being connected.

Department of Education to Start Collecting on Student Loans in Default

The Department of Education will start collecting on student loans that have gone into default through the Treasury Offset Program. **If your student loans are in default, they will be able to garnish your tax return, social security, or even wages through your job.** Letters will start going out May 5th and collections will start this summer. If you need help understanding your student loans, talk to your resource coordinator or go to studentaid.gov.



Information About the Upcoming Changes

Mark Your Calendar!

- 5/3:** Opening Day for Summer Farmers Market, Montpelier. SNAP dollars will be matched with \$2 of Crop Cash! Spend \$20 of SNAP benefits at the market, you can get an extra \$40 of Crop Cash (for fruits/vegetables)!
- 5/7:** Deadline to start using Real IDs for air travel and accessing secure federal facilities.
- 5/10:** Spring clothing Drop 'n Swap at Barre Auditorium.
- 5/17:** Kids fishing derby, Braintree
- 5/29:** Learn more about 529Funds- savings for college and technical education.

Looking for more information or events? Check in with your Resource Coordinator!

Resource Coordinator

Isabel Emsfeld
802-318-3517

ccvresourcecoordinator@unitedwaynwvt.org



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- 5/3:** Easter Seals Vendor & Craft Fair Fundraiser, 10am-2pm, American Legion Newport
- 5/3:** Shane Copp Memorial Annual Youth Fishing Day, 8am-12pm, Northwoods Stewardship Center.
- 5/6:** Shine a Light on Menopause, presentation and discussion, 6pm, St. J Athenaeum
- 5/7:** Deadline to start using Real IDs for air travel and accessing secure federal facilities.
- 5/11:** Honoring Mothers event 12pm. Kingdom Recovery Center
- 5/31:** Kids Free Wellness Day, 9:30am-12pm, 1734 Crawford Farm Rd., Newport, VT

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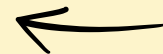


Franklin County Community Volunteering Fair

The Rotary Club of St Albans, the Vermont Department of Health, and United Way of Northwest Vermont are coming together to host a **volunteer fair on Thursday, May 22nd, from 3-6 PM at City Hall.** Organizations looking for volunteers will be on-site to share information about opportunities for volunteers of all ages and abilities.



You Can Register in Advance Here



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- 5/7:** Deadline to start using Real IDs for air travel and accessing secure federal facilities.
- 5/10:** Community Day at Shelburne Museum. Free admission all day, 10-5.
- 5/11:** Old Spokes Home Bike Bonanza! Free bikes for income-eligible children ages 3-8.
- 5/15:** Vermont Connector's Spring Sprout and Swap. Donate and receive items for babies. \$20 recommended donation for entry.
- 5/25:** CVOEO's Garden Day. Receive free seedlings and seeds.
- 5/29:** Learn more about 529Funds- savings for college and technical education.

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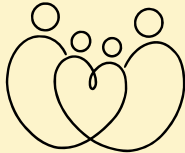


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- 5/7:** Deadline to start using Real IDs for air travel and accessing secure federal facilities
- 5/8:** Rutland Spring Job Fest, 11am-2pm, Depot Park
- 5/14:** Bennington County Mindful Moments Cafe, 10:30am-11:30am, Solomon Wright Public Library
- 5/17:** Touch a Truck, 9am-1pm, Brattleboro Mem. Hospital
- 5/24:** Rutland Food Pantry Distribution, 6pm-7:30pm, St. Patrick's Parish
- 5/24:** Mayfest Arts & Crafts Festival, 10am, downtown Bennington

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