

# December RESOURCE HIGHLIGHTS



## General Assistance Emergency Housing

**Adverse Weather Conditions for General Assistance Emergency Housing start on December 1st and run through March 31st.**

If you or a vulnerable family member are experiencing homelessness, you may qualify temporary housing in a hotel. Questions? **Call 1-800-775-0506 during business hours, call 2-1-1 after 4:30 PM, or go to your local Economic Services Division district office to complete an application.**



More Information on  
How to Apply Here



## Winter Wellness

These short, dark days can feel tough! **Taking steps to promote winter wellness can make a big difference when it comes to your mental health.** Your resource coordinator is here to help if you are interested in connecting with wellness opportunities, whether that be **working with a qualified mental health provider or even just finding ways to get outside or be active in your community.** We're here for you!



Some Winter  
Wellness Tips



## Changes to 3SquaresVT!

**As of October 1st 2024 - Any student enrolled in a two-year associate degree program (except liberal studies) or a certificate program **no longer has to meet the student work requirement!****

For help applying, go to your Student Resource Center or reach out to Isabel directly.

More Information  
Here!



## Mark Your Calendar!



**12/02: VT PoC's NEK Meet & Greet** - Conversation, connection, and community! Whirligig Brewing, St. Johnsbury, 4:30 - 6:30 pm.

**12/09: Building Community Through Courageous Conversations** - Register for a free workshop & dinner in Glover, organized by NEKO & Vermont Humanities.

**12/12: Balancing Digital Wellness For Families with Vermont Family Network** - Free online workshop.

**12/13 & 14: St. J. Sparkles Holiday Weekend** - Free and festive family fun!

**12/23-12/29: Many RCs will be taking time off:** Call 211 for community resources or 988 for urgent mental health support.

**Looking for more info or events? Check in with your Resource Coordinator!**

## Resource Coordinator

Isabel Emsfeld

802-318-3517

Isabel@unitedwaynwvt.org



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## Expungement Clinic

**Start 2025 with a clean record!** A number of partners, including Vermont's Attorney General and Franklin County State's Attorney are collaborating to host an **expungement clinic on December 12th.** The focus of this clinic is on charges and convictions in Franklin County and registration is required.



Detailed  
Information Here!



## Mark Your Calendar!



**Saturdays at 1:30: Artists Anonymous-** Turning Point of Chittenden County has started a new 12 Step group for art lovers in recovery.

**12/10: Finding Housing Online Workshop with CVOEO-** Interactive class held on Zoom.

**12/12: Balancing Digital Wellness For Families with Vermont Family Network:** Free online workshop.

**12/13: St. Albans Tractor Parade:** Free family fun!

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**12/01: "Souper" Bowl Sundays** - Brattleboro Food Co-Op is launching a project to give free soup out on Sundays. Stop by from 12 - 2 pm.

**12/02: Saving Money & Surviving the Holidays Financially** - Free class & dinner hosted by SEVCA and Mascoma Bank in Brattleboro. Register ahead.

**12/12: Balancing Digital Wellness For Families with Vermont Family Network** - Free online workshop.

**12/07: Lighted Tractor Parade** - Free family fun, downtown Manchester Center, 5:30-6:30 pm!

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