

OCTOBER

RESOURCE HIGHLIGHTS



FREE • CONFIDENTIAL • ON-SITE & REMOTE

Vaccine Finder



The first and most important step to protect yourself against flu viruses is to get a flu vaccine. You can get a flu vaccine at the same time as a COVID-19 vaccine. The CDC recommends everyone 6 months and older get an updated COVID-19 vaccine to protect against the potentially serious outcomes of



COVID-19 illness this fall and winter. Scan the QR code or visit www.vaccines.gov to find a flu or COVID vaccine near you.

Medicare Open Enrollment

Open enrollment for Medicare **starts October 15 and ends December 7**. For resources on understanding Medicare, reach out to your Resource Coordinator.



Mark your calendar!

- 10/1 - Student loan repayments resume
- 10/11 - "Medicare Open Enrollment," NEFCU online learning, 6-7:30pm. More at tinyurl.com/NEFCU-learning
- 10/15 - Medicare open enrollment starts
- 10/25 - Farm to Film Fest, White River Junction, more at tinyurl.com/Farm-to-Film-Fest
- 10/25 - "Communicating About Finances," NEFCU online, 12-1pm. More at tinyurl.com/NEFCU-learning
- 10/26-27 - Wheels for Warmth drop offs
- 10/28 - Wheels for Warmth sale
- 11/1 - General open enrollment

Wheels for Warmth

Looking for cheap tires? Have old tires that you are looking to donate or recycle? Wheels for Warmth provides DMV-inspected tires that are deemed safe for at least one season of use to be sold to Vermonters in need at reasonable prices. Donated tires that are deemed unsafe are recycled for \$5-10 each. Proceeds go towards emergency heating assistance through regional Community Action Agencies. Tires can be **dropped off on October 26 and 27** at sites in Washington, Rutland, Lamoille, and Chittenden



counties. Inspected tires can be **purchased October 28** in Barre or Mendon. Scan the QR code for more.



Questions About Health Care?

Vermont's Health Care Advocate HelpLine is a free resource available to help all Vermonters solve problems related to health care. They can tell you what free and lower-cost programs you may be eligible for, help you apply for and get free and lower-cost health coverage, find out what your health plan covers, and provide advice about how to solve billing problems and make complaints. For help with a health care issue, call the HelpLine at **1-800-917-7787**, or submit a help request form on their site. You can also find lots of helpful information on a



variety of health care related topics using their online help tool or browsing by subject. Scan the QR code for more.



For even more resources, join our Facebook group at: facebook.com/groups/WorkingBridgesNorthwest

SCAN ME!



Resource Coordinator

Holly Micklas
802-829-6048

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- 10/14 - Lil' Vermonters consignment sale, Champlain Valley Expo, more at lilvermonters.com
- 10/15 - Medicare open enrollment starts
- 10/25 - "Communicating About Finances," NEFCU online, 12-1pm. More at tinyurl.com/NEFCU-learning
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United Way of Northwest Vermont

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- 10/7 - The Root Social Justice Center 10 year anniversary celebration and parade, Brattleboro, more at therootsjc.org
- 10/11 - "Medicare Open Enrollment," NEFCU online learning, 6-7:30pm. More at tinyurl.com/NEFCU-learning
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