

AUGUST

RESOURCE HIGHLIGHTS



FREE • CONFIDENTIAL • ON-SITE



Green Mountain Passport

If you are 62 years or older and a Vermont resident, or a Vermont resident who is a veteran who has been honorably discharged from active duty in US armed services, you are eligible for a Green Mountain Passport. This "Passport" gets you free admission to Vermont State Parks (day use only), Vermont Historic Sites, and events that are fully state-sponsored. To get your Green Mountain Passport, fill out an application at your City or Town Clerk's Office and pay a one-time fee of \$2. Applications may be available online on your town's official website.

Did you experience damage to your home or business during the July flooding? Help other Vermonters receive aid by reporting your damages

In order to help the state apply for the FEMA Individual Assistance Program, VT 2-1-1 needs to collect details about damage to your residence or business. If you are a resident of the state of Vermont, please fill out the form at this QR code with as much detail as possible. The more forms completely filled out, the greater chance that VT will have enough to qualify for FEMA assistance. If you need assistance completing the form, please call 2-1-1 or contact your Resource Coordinator.



Mark your calendar!

8/9 - If you receive 3Squares: last day to report food loss due to flooding to ESD to be eligible for replacement benefits

8/17 - "Finding Your Balance," NEFCU online financial seminar, 12-1pm, more at tinyurl.com/NEFCU-learn

8/24 - "Understanding Medicare Advantage Plans," NEFCU online financial seminar, 6-7pm, more at tinyurl.com/NEFCU-learn

VTLawHelp.org

VT Law Help is a joint project of Vermont Legal Aid and Legal Services Vermont to provide general civil (non-criminal) legal information and help people find free and low-cost civil legal aid, help and services in Vermont. Their Legal Help Tool can help guide you to legal and health care info, and their "Roadmaps" offer short videos explaining common legal benefits and problems. Visit their website to learn more.



The 988 Suicide & Crisis Lifeline (formerly known as the National Suicide Prevention Lifeline) provides free and confidential emotional support to people in suicidal crisis or emotional distress. When you dial 9-8-8, you'll hear an automated message and then be put on a brief hold while you are connected with a skilled, trained crisis worker who works at the Lifeline network crisis center closest to you. They will listen to you, understand how your problem is affecting you, provide support, and share any resources that may be helpful. If you're thinking about suicide, are worried about a friend or loved one, or would like emotional support, the Lifeline network is available 24/7 across the United States. No matter what problems you're dealing with, whether or not you're thinking about suicide, if you need someone to lean on for emotional support, call the Lifeline.



For even more resources, join our Facebook group at: facebook.com/groups/WorkingBridgesNorthwest

SCAN ME!



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