

July

RESOURCE HIGHLIGHTS



FREE • CONFIDENTIAL • ON-SITE

Go! Vermont is your one stop shop for greener transportation information. Find info and schedules about public transit resources (including EV cars and charging stations), travel apps, transit programs, information about greener travel options, local transit guides, and more. You can even get



rewards for choosing and tracking your greener transportation choices! Scan the QR code or visit connectingcommuters.org to learn more.



Summer meals are critical to student success: nourishing students during summer vacation and helping them return



to school ready to learn. Tens of thousands of Vermont students rely on school meals, and summer meal programs help combat hunger and learning loss. In addition to supporting student health and wellbeing, participation in summer meals keep kids connected to their peers



and community. Scan the QR code or visit hungerfreevt.org/summer-meals to find a summer meal site.



Mark your calendar!

- 7/5- registration deadline for Mercy Connections summer courses, course details at tinyurl.com/MercyConnections
- 7/14-15- Waterbury Arts Festival, details at waterburyartsfest.com/home
- 7/15- VT Mad Pride Day march and celebration, details at tinyurl.com/MadPrideDay



Vermont 2-1-1

VT 2-1-1 is a free and confidential statewide information and referral system designed to help connect people with resources such as government programs, community based organizations, support groups, and more. When you call 2-1-1, you will be connected with a Community Resource Specialist who will gather information about your situation, help with problem solving, identify potential barriers, and make appropriate referrals to services and resources based on your needs. Examples of resources 2-1-1 can help connect with include: health and wellness resources; crisis services; legal assistance; housing; educational support services; transportation; volunteering; senior services; youth and family programs; domestic and sexual violence services; food shelves and nutrition programs; and more. **Dial 2-1-1 from 8a.m. - 11p.m. to connect with a referral specialist, or text your ZIP code to 898211 (language interpretation services are available).** VT 2-1-1 is also available online at vermont211.org.



Help Me Grow Vermont is a free service in partnership with VT 2-1-1 that connects pregnant individuals and families with young children (through age eight) to information, resources, and social supports. They also help improve parents' and caregivers' knowledge of their child's developmental milestones and understanding of social and emotional skill development. **To connect with a**



Child Development Specialist dial 2-1-1 x6 or text HMGVT to 898211. Scan the QR code to access free informational materials and tools at www.helpmegrowvt.org.



For even more resources, join our Facebook group at: facebook.com/groups/WorkingBridgesNorthwest

SCAN ME!



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United Way of Northwest Vermont