



# EVERYONE EATS!



## SHIFTMEALS

### FREE COMMUNITY MEALS

100% free, charitable meals distributed to the public.

### WHERE/WHEN TO FIND US

#### Burlington

Intervale Center Community Barn  
180 Intervale Road, Burlington, VT  
Mondays from 4-6 pm

ECHO, Leahy Center for Lake Champlain  
1 College St. Burlington, VT  
Tuesdays from 10am-1pm

Pine Forest Children's Center  
208 Flynn Ave, Suite 2f, Burlington, VT  
Wednesdays from 5-6:30pm

#### Winooski

Community College of Vermont  
1 Abenaki Way, Winooski, VT  
Fridays from 11am-1pm

### WHO IS THIS PROGRAM FOR?

Everyone Eats is a program for "everyone" negatively impacted by COVID-19. You are eligible to receive meals if COVID-19 has made it harder to get food or you are experiencing food insecurity. Help yourself, help your community!



### HOW IT WORKS

Restaurants are paid to prepare nutritionally balanced meals for those impacted by COVID-19 by using 10% of products made by Vermont farmers and producers. To learn more, head to the link below or scan the QR code above with your smartphone!

[SHIFTMEALS.ORG/EVERYONEEATS](https://SHIFTMEALS.ORG/EVERYONEEATS)